

# Allosteric Regulation by Oleamide of the Binding Properties of 5-Hydroxytryptamine, Receptors

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ABSTRACT. Oleamide belongs to a family of amidated lipids with diverse biological activities, including sleep induction and signaling modulation of several 5-hydroxytryptamine (5-HT) receptor subtypes, including 5-HT $_{1A}$ , 5-HT $_{2A/2C}$ , and 5-HT $_7$ . The 5-HT $_7$  receptor, predominantly localized in the hypothalamus, hippocampus, and frontal cortex, stimulates cyclic AMP formation and is thought to be involved in the regulation of sleep-wake cycles. Recently, it was proposed that oleamide acts at an allosteric site on the 5-HT<sub>7</sub> receptor to regulate cyclic AMP formation. We have further investigated the interaction between oleamide and 5-HT<sub>7</sub> receptors by performing radioligand binding assays with HeLa cells transfected with the 5-HT<sub>7</sub> receptor. Methiothepin, clozapine, and 5-HT all displaced specific [ ${}^{3}$ H]5-HT (100 nM) binding, with p $K_D$  values of 7.55, 7.85, and 8.39, respectively. Oleamide also displaced [3H]5-HT binding, but the maximum inhibition was only 40% of the binding. Taking allosteric (see below) cooperativity into account, a  $K_D$  of 2.69 nM was calculated for oleamide. In saturation binding experiments, oleamide caused a 3-fold decrease in the affinity of [3H]5-HT for the 5-HT<sub>7</sub> receptor, without affecting the number of binding sites. A Schild analysis showed that the induced shift in affinity of [3H]5-HT reached a plateau, unlike that of a competitive inhibitor, illustrating the allosteric nature of the interaction between oleamide and the 5-HT7 receptor. Oleic acid, the product of oleamide hydrolysis, had a similar effect on [3H]5-HT binding, whereas structural analogs of oleamide, trans-9,10octadecenamide, cis-8,9-octadecenamide, and erucamide, did not alter [3H]5-HT binding significantly. The findings support the hypothesis that oleamide acts via an allosteric site on the 5-HT<sub>7</sub> receptor regulating receptor affinity. BIOCHEM PHARMACOL 58;11:1807-1813, 1999. © 1999 Elsevier Science Inc.

KEY WORDS. oleamide; serotonin; receptor; allosteric; regulation; transfection

Oleamide is a member of a recently recognized family of amidated lipids found in the plasma and cerebrospinal fluid of mammals, including humans [1–3]. The diverse bioregulatory properties, including neuromodulatory effects, direct receptor-mediated mechanisms, and high biological activities of these fatty acid amide family members have gained increasing attention (for reviews, see Bezuglov et al. [4] and Boger et al. [5]). Included in this family are two endogenous ligands for the cannabinoid receptor, anandamide and palmitovlethanolamine, which have been shown to have not only direct actions on cannabinoid receptors, but also a variety of modulatory properties [6-8]. Additional fatty acid amide bioregulators include the compound olvanil, the oleamide derivative of capsaicin, which has been shown to be a selective agonist for the vanilloid receptor [9], and the simple fatty acid amide erucamide, which displays angiogenic properties [10].

In vivo, oleamide demonstrates a variety of physiological effects. Oleamide was initially reported to induce sleep after intraperitoneal injections in rats [2] and has since been

Received 25 January 1999; accepted 11 May 1999.

shown to exhibit long-lasting hypothermic effects, also after intraperitoneal administration [11]. The mechanisms for these effects remain unknown; however, it has been shown recently that oleamide activates select populations of neurons in mouse cortex, thalamus, and hypothalamus, suggesting that there are distinct neuronal targets for oleamide [12].

In vitro, oleamide has been shown to modulate the signaling of several 5-HT† receptor subtypes, including 5-HT<sub>1A</sub>, 5-HT<sub>2A/2C</sub>, and 5-HT<sub>7</sub> [12–14]. These effects involve potentiation and/or inhibition of cyclic AMP and inositol phosphate pathways. Recently, functional studies indicated that oleamide acts at an apparent allosteric site on the 5-HT<sub>7</sub> receptor to regulate cyclic AMP formation [14]. Oleamide by itself induced a concentration-dependent increase in cyclic AMP formation that could not be inhibited by clozapine, suggesting that it acted at a site distinct from the primary 5-HT binding site. However, in the presence of 5-HT, oleamide had the opposite effect, antagonizing the cyclic AMP stimulating effect of 5-HT [14]. In addition, oleamide has been shown to activate 5-HT<sub>7</sub> neurons in mouse thalamus and hypothalamus, as indicated by c-fos induction after intraperitoneal adminis-

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<sup>†</sup> Abbreviation: 5-HT, 5-hydroxytryptamine.

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tration, further supporting the notion of serotonergic mechanisms in oleamide function [12].

The 5-HT<sub>7</sub> receptor has been shown to stimulate cyclic AMP formation [15, 16], possibly by acting via calmodulinstimulated adenylyl cyclases [17]. The distribution of 5-HT<sub>7</sub> receptors in the brain has been described using in situ hybridization and radioligand binding studies [16, 18, 19]. These studies show that they are localized predominantly in the hypothalamus, hippocampus, and frontal cortex. As yet, selective ligands have not been available for these studies, although a recently described compound is thought to be a selective antagonist [20]. Pharmacological and cloning studies have revealed the existence of several splice variants of the 5-HT<sub>7</sub> receptor, resulting in slightly different lengths of their C-termini [21–23]. The different variants are all expressed in tissues expressing the 5-HT<sub>7</sub> receptor, and their functional coupling seems to be similar. Ever since its discovery, the 5-HT<sub>7</sub> receptor has been implicated in the regulation of sleep-wake cycles [16, 24]. The circadian phase regulation of the suprachiasmatic nucleus in response to 5-HT shows a pharmacological profile consistent exclusively with the 5-HT<sub>7</sub> receptor.

Taken together, these findings may indicate a regulatory mechanism involving oleamide and 5-HT that may be important for a number of physiological and pathological conditions, including sleep, appetite, alertness, thermoregulation, and psychiatric disturbances [25, 26]. In view of this, we have further evaluated in the present study the regulation of 5-HT<sub>7</sub> receptors by oleamide and its derivatives by examining the binding properties of 5-HT<sub>7</sub> receptors in transfected HeLa cells. The results support the hypothesis that oleamide regulates the 5-HT<sub>7</sub> receptor by acting at an allosteric site on the receptor.

## MATERIALS AND METHODS Materials

[³H]5-HT (specific activity 21.7 Ci/mmol) was purchased from New England Nuclear. 5-HT, pargyline, and BSA were obtained from the Sigma Chemical Co. Clozapine and methiothepin were purchased from Research Biochemicals. Oleamide and its derivatives oleic acid, *trans-9*,10-octadecenamide, *cis-8*,9-octadecenamide, and erucamide were provided by Benjamin Cravatt (The Scripps Research Institute).

### Cell Culture

HeLa cells were grown and cultured in OM5 medium [27] supplemented with 10% fetal bovine serum in a 5% CO<sub>2</sub> environment. The HeLa cells were transfected transiently with pCMV4REC20 (5-HT<sub>7</sub> receptor) [16] by using DOTAP (N-[1-(2,3-dioleoyloxy)propyl]-N,N,N-trimethylammonium methyl sulphate; Boehringer Mannheim) lipotransfection as described by the vendor.

#### Membrane Preparation

The cells were used 72 hr after transfection, and all experiments were performed using fresh cell cultures. They were rinsed once with PBS and then incubated at 37° for 5 min with 5 mL of cell dissociation solution (Sigma). Then 5 mL of PBS was added, and the resulting cell suspension was transferred to a centrifuge tube and centrifuged for 10 min at 2200 rpm (1000 g). The supernatant was discarded, and the pellet was resuspended in 10 mL of buffer (50 mM Tris, 4 mM CaCl<sub>2</sub>). The suspension was homogenized with a Teflon homogenizer, and then centrifuged for 10 min at 2200 rpm (1000 g). The pellet was resuspended in buffer as above, now also containing 0.1% BSA.

#### Receptor Binding

The membranes were incubated with [3H]5-HT in 50 mM Tris buffer containing 4 mM CaCl<sub>2</sub>, 10 µM pargyline, and 0.1% BSA. The incubations were performed in 96-well plates with a final volume of 200 µL, for 1 hr at 25° under equilibrium conditions. The incubations were stopped by rapid filtration using a Packard cell harvester. Whatman GF-B filters pre-soaked in 0.1% polyethyleneimine for >3 hr were used. The filters were washed three times with deionized water. The filter radioactivity was detected using liquid scintillation in 4 mL of scintillation fluid. The final protein concentrations were determined by the Lowry method, using BSA as a standard, and were approximately 0.1 mg/well. The binding properties of the transfected 5-HT<sub>7</sub> receptors were initially characterized by evaluating the ability of 5-HT, clozapine, methiothepin, and oleamide to displace [3H]5-HT binding. Competition curves were generated from experiments in which the drugs in ten concentrations ranging from 0.1 nM to 10 µM were allowed to compete with 100 nM [3H]5-HT for its binding sites. Saturation curves were generated by incubating membranes with ten different concentrations of [3H]5-HT ranging from 0.1 to 125 nM. Nonspecific binding was defined as the binding obtained in the presence of 10 µM 5-HT. The amount of specific binding obtained was at least 60% in all experiments. To evaluate any modulatory effects, the incubations were performed in the presence or absence of oleamide in concentrations ranging from 0.1 to 1000 nM. The effects of 300 nM concentrations of the oleamide derivatives oleic acid, trans-9,10-octadecenamide, cis-8,9octadecenamide, and erucamide also were evaluated in similar saturation experiments.

#### Data Analysis

The binding parameters  $IC_{50}$  (drug concentration inhibiting 50% of the binding),  $B_{max}$  (maximum number of binding sites), and  $K_D$  (dissociation rate constant) were determined using iterative nonlinear, least-squares regression analysis [28]. Data points having absolute standard residual values >2 were excluded from the analysis. In the competition

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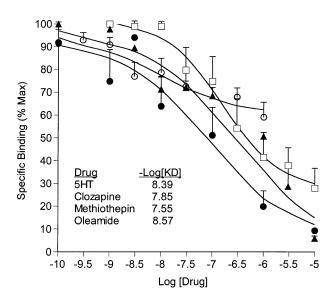


FIG. 1. Competition binding of [ ${}^{3}$ H]5-HT to membranes from HeLa cells transiently transfected with the 5-HT $_{7}$  receptor. Membrane preparations were incubated with [ ${}^{3}$ H]5-HT (100 nM), and the ability of 5-HT( $\bullet$ ), clozapine ( $\square$ ), methiothepin ( $\triangle$ ), and oleamide ( $\bigcirc$ ) to compete with the binding was evaluated at increasing concentrations. Data points are expressed as percent maximal specific binding, which was approximately 2500 cpm. The inset shows the calculated affinity constants as described in Materials and Methods. Values are expressed as means  $\pm$  SEM; N = 5-8 independent experiments.

experiments, the  $K_D$  value for 5-HT was calculated using the equation  $K_D = IC_{50} - L$  and the  $K_D$  value for the other competitors according to the equation  $K_D = IC_{50}/(1 + (L/K_{D(5\text{-HT})}))$ , where L represents the radioligand concentration. The  $K_D$  and cooperativity ( $\alpha$ ) values for oleamide

were calculated as described previously [29] for allosteric agents.

Possible effects of the various treatments were evaluated using repeated measures ANOVA followed by Fisher's PLSD test.

#### **RESULTS**

To test for a direct interaction between oleamide and 5-HT<sub>7</sub> receptors, radioligand binding assays were performed on membranes from HeLa cells transfected with the 5-HT<sub>7</sub> receptor cDNA. In competition experiments with [<sup>3</sup>H]5-HT (100 nM), methiothepin, clozapine, and 5-HT each displaced the specific [3H]5-HT binding with corresponding p $K_D$  values of 7.55, 7.85, and 8.39 (Fig. 1). Oleamide also displaced specific binding of [3H]5-HT in a concentration-dependent manner with relatively high potency; however, the maximum effect of oleamide reached a plateau value at 59% of the total binding (Fig. 1), indicating an allosteric mechanism of action. From this plateau value, we have estimated a cooperativity value ( $\alpha$ ) for oleamide of 6.1 as described by Ehlert [29]. The resulting  $K_D$  value for oleamide, when considering this cooperativity, was calculated to be 2.69 nM (p $K_D = 8.57$ ) (see Ehlert [29]).

In saturation binding experiments, oleamide caused a 3-fold decrease in the affinity of [ $^3$ H]5-HT for the 5-HT $_7$  receptor. However, there was a limit to this affinity change at higher concentrations (>100 nM), indicating an allosteric mechanism of action. Significant effects were observed at 300 and 1000 nM (Fig. 2A, Table 1). Oleamide caused no significant alterations in average maximal binding ( $B_{\rm max}$  values), with the possible exception of 1 nM oleamide. This exceptional value was probably due to fewer

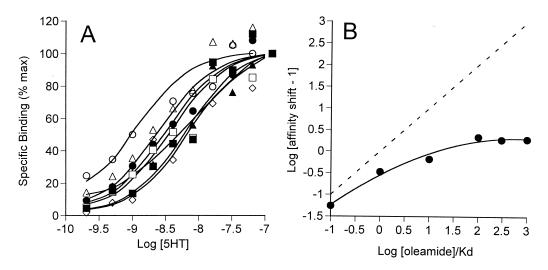


FIG. 2. Saturation binding of [ $^3$ H]5-HT to membranes from HeLa cells transiently transfected with the 5-HT $_7$  receptor. Membrane preparations were incubated with [ $^3$ H]5-HT (0.1 to 125 nM), in the absence or presence of increasing concentrations of oleamide. (A) Concentration–response effect as percent of  $B_{max}$  for each concentration from a representative experiment. The average maximal specific binding was 313 fmol/mg protein. The symbols represent control ( $\bigcirc$ ) and oleamide (0.1 nM,  $\triangle$ ; 10 nM,  $\blacksquare$ ; 300 nM,  $\blacksquare$ ; 1000 nM,  $\bigcirc$ ). (B) Effect of oleamide on the EC $_{50}$  value of [ $^3$ H]5-HT in the form of a Schild plot as an average for all experiments (N = 5–8 independent experiments). The dashed line shows the expected behavior of a competitive antagonist.

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TABLE 1. Effects of oleamide on [<sup>3</sup>H]5-HT binding to membranes from 5-HT<sub>7</sub> receptor-transfected HeLa cells

Oleamide (nM)	$K_D$ (nM)	B <sub>max</sub> (fmol/mg protein)
0	$7.7 \pm 2.5$	$345.3 \pm 143.6$
0.1	$8.2 \pm 3.2$	$275.8 \pm 96.0$
1	$10.3 \pm 4.8$	$50.7 \pm 21.3*$
10	$12.8 \pm 5.6$	$321.2 \pm 100.7$
100	$24.3 \pm 12.9$	$321.5 \pm 91.6$
300	$22.7 \pm 5.2 \dagger$	$366.2 \pm 88.5$
1000	$22.5 \pm 8.2 \dagger$	$255.1 \pm 90.6$

Membrane preparations from HeLa cells transiently transfected with the  $5\text{-HT}_7$  receptor were incubated with [ $^3\text{H}$ ]5-HT (0.1 to 125 nM), in the absence or presence of increasing concentrations of oleamide. Values are expressed as means  $\pm$  SEM;  $^*\text{N} = 5-8$  independent experiments.

\*†Significantly different as determined by repeated measures ANOVA followed by Fisher's PLSD test: \*P < 0.01, and †P < 0.05.

experiments performed with that particular concentration. Representation of these results by a Schild plot illustrates the allosteric nature of the interaction between oleamide and the 5-HT<sub>7</sub> receptor (Fig. 2B). The shift of affinity of [<sup>3</sup>H]5-HT induced by oleamide reached a plateau, unlike that of a competitive inhibitor (theoretical dashed line in Fig. 2B).

To test for specificity of the effect of oleamide on [ ${}^{3}$ H]5-HT binding, three structural analogs of oleamide, which vary in the position and configuration of the double bond as well as in carbon backbone length (Fig. 3), were investigated in saturation binding experiments. In addition, oleic acid, the product of oleamide hydrolysis, also was tested (Fig. 3). Oleic acid had a similar effect to that of oleamide on the affinity of [ ${}^{3}$ H]5-HT for the 5-HT $_{7}$  receptor (Table 2). The other derivatives, *trans-9*,10-octadecenamide, *cis-8*,9-octadecenamide, and erucamide, did not alter the binding characteristics of [ ${}^{3}$ H]5-HT significantly, although a range of intermediate effects on the  $K_{D}$  values were observed (Table 2).

TABLE 2. Effects of oleamide and its derivatives on [<sup>3</sup>H]5-HT binding to membranes from 5-HT<sub>7</sub> receptor-transfected HeLa cells

Compound	$K_D$ (nM)	$B_{\rm max}$ (fmol/mg protein)
None	$12.68 \pm 2.02$	$172.2 \pm 26.3$
Oleamide	$21.04 \pm 2.61*$	$190.5 \pm 39.1$
Oleic acid	$24.10 \pm 6.16 \dagger$	$222.2 \pm 23.5$
trans9,10-Octadecenamide	$18.26 \pm 4.56$	$163.2 \pm 23.5$
cis-8,9-Octadecenamide	$21.56 \pm 6.86$	$172.9 \pm 23.0$
Erucamide	$16.39 \pm 4.67$	$173.0 \pm 40.7$

Membrane preparations from HeLa cells transiently transfected with the  $5\text{-HT}_7$  receptor were incubated with [ $^3\text{H}]5\text{-HT}$  (0.1 to 125 nM), in the absence and presence of oleamide and some of its derivatives (300 nM). Values are expressed as means  $\pm$  SEM; n = 10 independent experiments.

\*†Significantly different as determined by repeated measures ANOVA followed by Fisher's PLSD test:\*\*P < 0.05, and †P < 0.01.

#### **DISCUSSION**

The major finding of the present study is that oleamide modulated the binding properties of 5-HT<sub>7</sub> receptors expressed in vitro. Characterization of the binding of [3H]5-HT to 5-HT<sub>7</sub> receptors transiently transfected in HeLa cells showed that competitive drugs, such as methiothepin, clozapine, and 5-HT itself, displaced the [3H]5-HT binding with a rank order of potency consistent with that previously described for 5-HT<sub>7</sub> receptors [16, 30]. Thus, it can be assumed that the transfections have resulted in expression of 5-HT<sub>7</sub> receptors and that we are not observing another, possibly endogenously expressed, 5-HT receptor subtype. Oleamide induced a 3-fold decrease in the apparent affinity of the 5-HT<sub>7</sub> receptor for [<sup>3</sup>H]5-HT, without affecting maximal binding. The increase of the  $K_D$  value for the 5-HT<sub>7</sub> receptors reached a maximum at approximately 100 nM oleamide. A Schild analysis of the effects of oleamide indicated that with increasing concentrations a plateau

FIG. 3. Structures of oleamide and its derivatives.

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value was reached where the shift in  $K_D$  could not be increased further. In addition, a maximally effective concentration of oleamide caused only a 40% displacement of  $[^3H]_5$ -HT binding, indicating a non-competitive mechanism of action. This finding supports the hypothesis that oleamide acts via an allosteric site on the 5-HT $_7$  receptor, at which it induces a decrease in receptor affinity without influencing the number of binding sites. Such an allosteric interaction has been proposed based on findings that oleamide can regulate the cyclic AMP formation elicited by 5-HT $_7$  receptor activation [14]. There it was shown that oleamide could inhibit the cyclic AMP formation caused by 5-HT $_7$  receptor activation by acting at a site different from the primary 5-HT site, but a site present only in cells expressing the receptor.

Oleamide has been shown to interact with other 5-HT receptor subtypes, such as the  $5\text{-HT}_{2A/2C}$  and  $5\text{-HT}_{1A}$ subtypes [12-14]. However, little is known to date about unique binding sites for oleamide in the brain or other tissues. The presence of allosteric regulatory binding sites has been well established for ionotropic receptors, such as the NMDA (N-methyl-d-aspartate) glutamate receptor and the GABA<sub>A</sub> (γ-aminobutyric acid) receptor [31–33]. Ligands acting at the allosteric sites typically regulate the affinity of the endogenous ligands in a complex manner, but also have been shown to induce effects on channel function by themselves [31, 34]. Allosteric sites also have been described for G-protein coupled receptors, such as the acetylcholine, α-adrenergic, and 5-HT<sub>2</sub> receptors [34–37]. The 5-HT<sub>2A</sub> subtype has well defined allosteric sites that can inhibit or enhance 5-HT function [38–40]. For example, ketanserin and 2-bromo-lysergic acid diethylamide have been shown to inhibit 5-HT function at the 5-HT<sub>2A</sub> receptor in an allosteric manner [38, 39]. Conversely, ouabain has been shown to potentiate 5-HT-mediated contractions of rabbit ear artery by interacting with a less well defined allosteric site on the 5-HT<sub>2A</sub> receptor [40]. Recent studies by Massot et al. [41] have demonstrated that the 5-HT<sub>1B/1D</sub> receptor also can be regulated allosterically, in that case by a novel peptide, 5-HT-moduline. Radioligand binding studies in 5-HT<sub>1B</sub>-transfected NIH3T3 cells demonstrated that 5-HT-moduline decreased maximal binding sites without affecting the  $K_d$  of the radioligand [41]. Given this information, it is likely that oleamide acts in a similar allosteric manner at these 5-HT<sub>1</sub> and 5-HT<sub>2</sub> receptor families.

While our results and those mentioned above are consistent with the notion that oleamide acts allosterically on the 5HT<sub>7</sub> receptor, the mechanism for this allostery is uncertain. Like other agents, oleamide may elicit a conformational change in the receptor that is necessary for signal activation. Alternatively, oleamide might interact at a unique site(s) near the protein–membrane interface that affects the conformation of membrane-bound proteins, including G proteins. Such effects could alter the affinity for 5-HT and/or modulate signaling activity. Recent studies

have demonstrated functional dimerization of G protein-coupled receptors, which has been shown to affect cellular signaling [42–44]. Hebert and colleagues [44] have demonstrated that a peptide derived from the transmembrane domain of the  $\beta$ -adrenergic receptor could inhibit dimerization of this receptor, thus inhibiting agonist-induced stimulation of adenylyl cyclase activity. It is possible that oleamide affects receptor dimerization, thereby regulating downstream activation of effector systems, such as adenylate cyclase.

To test the specificity of oleamide, we also evaluated the ability of oleamide derivatives to modify the 5-HT<sub>7</sub> receptor binding. It was found that oleic acid could influence the  $K_D$  of [3H]5-HT binding in a manner similar to oleamide, whereas none of the other derivatives tested had a significant  $K_D$  or  $B_{\text{max}}$  effect. Oleic acid is identical in structure to oleamide, except that it lacks the amide group on the primary carbon. Previous functional studies [13, 14] have suggested that the primary amide group is a structural moiety important for the activity of oleamide, since no effects on 5-HT<sub>2A/2C</sub> or 5-HT<sub>7</sub> receptor-mediated functional responses were observed with oleic acid. However, it may be hypothesized that oleic acid, and to some extent possibly the other derivatives, can act as an antagonist, binding to the same recognition site as oleamide. Since oleic acid lacks the primary amide group, it may not be capable of eliciting the proper conformational change in the receptor or associated protein(s) required for a full functional response. This would be in agreement with physiological studies that have demonstrated that oleic acid does not, for example, have the same sleep-inducing effect as oleamide. It should be noted, however, that with such a complex phenomenon as sleep, additional mechanisms most likely are involved.

The concept that G-proteins can be activated by ligands acting at an allosteric site is relatively new. It has been demonstrated that various typical allosteric agents can activate muscarinic receptors in the absence of a muscarinic receptor agonist [45]. The finding that oleamide could stimulate cyclic AMP formation in the absence of 5-HT in cells transfected with the 5-HT<sub>7</sub> receptor [14] gave further support to the notion of receptor activation by allosteric agents. Taken together with the present study, the hypothesis of an allosteric regulatory interaction between the endogenous lipid oleamide and the 5-HT<sub>7</sub> receptor is supported further. This interaction may be important for a number of physiological or pathological conditions, including regulation of sleep and body temperature.

We thank Dr. Benjamin Cravatt for supplying the oleamide and related compounds. This work was supported, in part, by a grant from the NIH (GM32355) and by fellowships from the Wenner-Gren Center Foundation (P.B.H.), Lundbeck Foundation (P.B.H.), and NARSAD (MEFA90TD, E.A.T.).

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